



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, MARCH 23, 2018

9:00 a.m.

Tammy Belinson, Vice-Chairman and Secretary to the Board called to order on this 23rd day of March 2018 in the conference room at 122 E. Eufaula Street the regularly scheduled meeting of the Cleveland County Wellness Committee and those present were as follows:

Those present were: Tammy Belinson, Douglas Warr, Leann Clements, Carrie Wells, Bryan Jenkins, Alison Vinson, Brenda Hill and George Mauldin.

Those absent were: Rod Cleveland, John Roberts, Jacob McHughes, Bryant Rains, Brian Wint and Christina Newburg.

Ex-Officio Members: Linda Atkins, Aley Cristelli, Brittney Marshall, Meredith Rowland, NP, and Tony Terrell.

After the reading of the minutes of the Regular meeting of **February 23, 2018** and there being no additions or corrections, Douglas Warr moved, seconded by Alison Vinson, that the minutes be **approved**.

The vote was: Tammy Belinson, yes; Douglas Warr, yes; Leann Clements, yes; Carrie Wells, yes; Bryan Jenkins, abstain; Alison Vinson, yes; Brenda Hill, yes; George Mauldin, yes.
Motion carried.

A. Items of Business:

1. George Mauldin suggested posting the proposed plan for the **Community Garden** in the newsletter.
2. Alison Vinson, HR, updated on **health and wellness matters** for county employees by reminding everyone that the Cleveland County Employee Health Fair is scheduled for Wednesday, September 26, 2018.
3. Tony Terrell, Project Manager, presented a **Report** on the County Wellness Gym Facility, as follows:



FITNESS CENTER

Cleveland County Annex Building
122 East Eufaula Street
Norman, Oklahoma 73069

Meeting Date
March 23, 2018

FEBRUARY, 2018 OVERVIEW

- Current registered users: Over 400
- Busiest day: 18 (2-12-18)
- Total number of users for January: 219
- Reported Injuries: 0

Registered number of user is up. **February usage was up by 47 users from January, 2018.** Phase 2 of the fitness center is 100% completed which included showers, restrooms, men and women changing areas, along with a dedicated outside entrance from the employee parking lot.

We have added recycle bins on the first level for paper goods, and plastic/aluminum products. Please pass it on to your departments that we hope everyone uses the recycle bins.

It was noted last month that PR Fitness came and did a complete maintenance on all the equipment to make sure it was in safe working condition. They submitted some estimates for some padding on some of the equipment, and since, we have ordered the padding for some of the bars for a more comfortable and safer workout.

Please let your departments know to notify Tony Terrell if there is anything that needs attention within the fitness center. This includes issues with the sign-in, cleaning materials, water, identifying mis-use of equipment, etc., please don't let issues linger, we are more than happy to resolve immediately.

Please remind your departments that anyone using the fitness center must have filled out the enrollment form and list any family members that also want to use the fitness center, and that each user must have signed the 'Release and Hold Harmless Agreement'.

Please turn-off TV's and fans once you have finished your workout

(Clerk's Note: The following items were inadvertently taken out of order.)

5. Meredith Rowland, NP, said the Employee Health Clinic is now located at 119 E. Main Street in Norman, Oklahoma.

4. George Mauldin, Emergency Management Director said that an Active Shooter Class is scheduled for April 17, 2018. He said the class is almost full with only a few slots left.

Also, discussion was had on scheduling a group outing to do a hike some weekend.

B. There was no **new business** to present at this time.

C. During **Wellness Committee Members'** discussion regarding **Business**, Aley Cristelli, Tset, presented the Certificate of Merit 2017. Tammy Belinson said that she will present the Certificate to the County Commissioners on Monday, March 26, 2018.



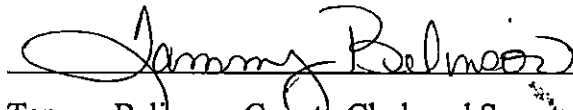
- D. There being no further business to come before the Board, Alison Vinson moved that the meeting be **adjourned** at 9:13 A.M. Douglas Warr seconded the motion.
The vote was: Tammy Belinson, yes; Douglas Warr, yes; Leann Clements, yes; Carrie Wells, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brenda Hill, yes; George Mauldin, yes.
Motion carried.

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA




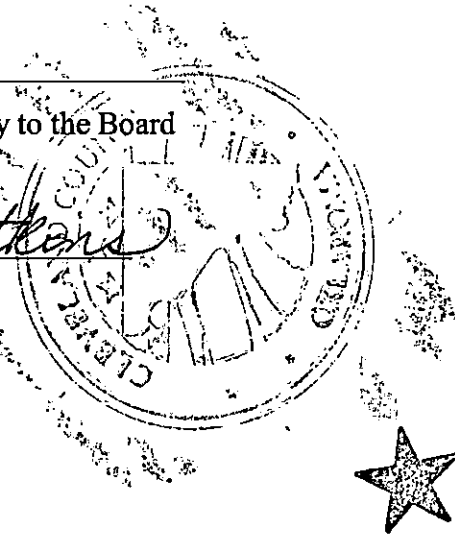
Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by:


Deputy County Clerk



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CERTIFICATE OF MERIT

2017

OKLAHOMA CERTIFIED
HEALTHY BUSINESS

Thank you for supporting positive
health and wellness activities for
your employees and your dedication
to a healthier Oklahoma.



Julie Hudson

Oklahoma Academy for State Goals

Ray L. Moore

Oklahoma Turning Point Council

Stephanie U'Beir

Oklahoma State Department of Health